

People Who Influenced the World

The person I admire most is Liu Xiang because he was once the world hurdler record holder.

Liu Xiang was born in 1983. He loved running when he was young. He joined a lot of competitions and he won a lot of gold medals. I hope I can do this.

In 2004, he represented China to join the Olympic 110 metres hurdles. He won an Olympic gold medal. It was the first gold medal in a man's track and field event for China. After two years, he set a new world record with a time of 12.88 seconds. He was excited.

He was the first Chinese athlete to achieve the "Triple crown" of athletics. But in 2008 Olympic 110 metres final, he got hurt. His leg was injured. I was disappointed because he couldn't win the game.

Four years later, he also represented China to join the Olympic 110 metres hurdles. He got hurt at the first hurdle. Although he got hurt, he still jumped to the finishing line. He was brave.

I hope I can represent Hong Kong to join the Olympic Games and won a gold medal in future.

By Messi Lam (6A)